

September PE Newsletter

BACK TO BASICS

___By Coach Baker



Fall Sports

Volleyball, Football, Soccer, Softball and Track oh my! We are touching on all these sports this semester to learn the basics. We will be learning the rules, strategies and playing these sports.

Game Creation

In middle school General PE we will be creating our own games. From the very beginning of rules and actions to actually using the games for younger grades. I feel like this gets their creative brains working and it is really fun to see what they come up with.

Grading

This year PE grading is Pass/Fail. There are 4 main daily factors that go into this grading. Participation, Teamwork, Behavior and Attire. I ask that all students participate by trying their best. Teamwork is very important and I am looking for good attitudes towards each other and the activity. In order for class to work well we need everyone on the same page with good choices. Lastly attire is very important in the gym for their safety. Please make sure students are wearing tennis shoes on their PE day.